



CONTACT

GEAR UP

The complete line of EPIC Free Weights combines traditional function with world class engineering. Heavy-duty frames, adjustable seating, convenient weight plate storage and safety enhancements provide users with a rewarding strength workout.

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FREEMOTION.

FREE WEIGHT THE POWER OF LIFTING

321 FREE WEIGHT



Built strong with 11-gauge steel tubing, the EPIC freeweight line has been electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing.

COLOR OPTIONS

A variety of color options are available.

DUMBBELL BENCH PORTABILITY

Equipped with2 in (5 cm) wheels, the benches can be rolled to the desired location.

MULTIPLE SEAT POSITIONS

Quickly adjust the seat to your desired settings with pop-pin adjustments.

KICK PLATES

Made of 16-gauge, stainless steel, these durable kick plates help protect equipment.

BAR SETTINGS

Multiple bar settings accommodate users of different heights.

PADDED SEATS

Seats are made with high-quality vinyl and 1.5 in (3.8 cm) foam for comfort and durability.



FLAT BENCH #F201

PRODUCT DIMENSIONS 55 x 29 x 17 in (139.7 x 73.6 x 43.1 cm)



ADJUSTABLE BENCH #F203

PRODUCT DIMENSIONS 58 x 28 x 51 in (147.3 x 71.7 x 129.5 cm)



UTILITY BENCH #F204

PRODUCT DIMENSIONS 55 x 29 x 41 in (142.2 x 73.6 x 104.1 cm)



ABDOMINAL BENCH #F213

PRODUCT DIMENSIONS 59 x 34 x 41 in (149.8 x 86.3 x 104.1 cm)



DIP CHIN-AB #F207

PRODUCT DIMENSIONS 47 x 48 x 93 in (119.3 x 121.9 x 236.2 cm)



PREACHER CURL #F205

PRODUCT DIMENSIONS 40 x 30 x 40 in (111.7 x 76.2 x 101.6 cm)



OLYMPIC FLAT BENCH #F202

PRODUCT DIMENSIONS 64 x 65 x 51 in (162.5 x 165.1 x 129.5 cm)



OLYMPIC INCLINE BENCH #F214

PRODUCT DIMENSIONS 63 x 65 x 51 in (160 x 165.1 x 129.5 cm)



OLYMPIC DECLINE BENCH #F215

PRODUCT DIMENSIONS 45 x 62 x 89 in (114.3 x 157.4 x 226 cm)



SMITH MACHINE #F211

PRODUCT DIMENSIONS 56 x 91 x 94 in (142.2 x 231.1 x 238.7 cm)



PLATE LOADED SQUAT #F217

PRODUCT DIMENSIONS 75 x 57 x 68 in (190 x 144.7 x 172.7 cm)



PLATE LOADED LEG PRESS #F218

PRODUCT DIMENSIONS 82 x 69 x 58 in (208.2 x 175.2 x 147.3 cm)



TWIN TIER DUMBBELL RACK #F209

PRODUCT DIMENSIONS 30 x 91 x 31 in (76.2 x 231.1 x 78.7 cm)



45° BACK EXTENSION #F206

PRODUCT DIMENSIONS 40 x 27 x 53 in (101.6 x 68.5 x 134.6 cm)



GLUTE-HAM BENCH #F221

PRODUCT DIMENSIONS 62 x 39 x 44 in (157.4 x 99 x 111.7 cm)



MILITARY PRESS #F216

PRODUCT DIMENSIONS 52 x 73 x 70 in (132 x 185.4 x 177.8 cm)



OLYMPIC SQUAT RACK #F212

PRODUCT DIMENSIONS 58 x 69 x 73 in (147.3 x 175.2 x 185.4 cm)



BARBELL RACK #F210

PRODUCT DIMENSIONS 32 x 30 x 52 in (81.2 x 76.2 x 132 cm)



OLYMPIC WEIGHT & BAR RACK #F219

PRODUCT DIMENSIONS 22 x 31 x 50 in (55.8 x 78.7 x 127 cm)