

FREEMOTION.

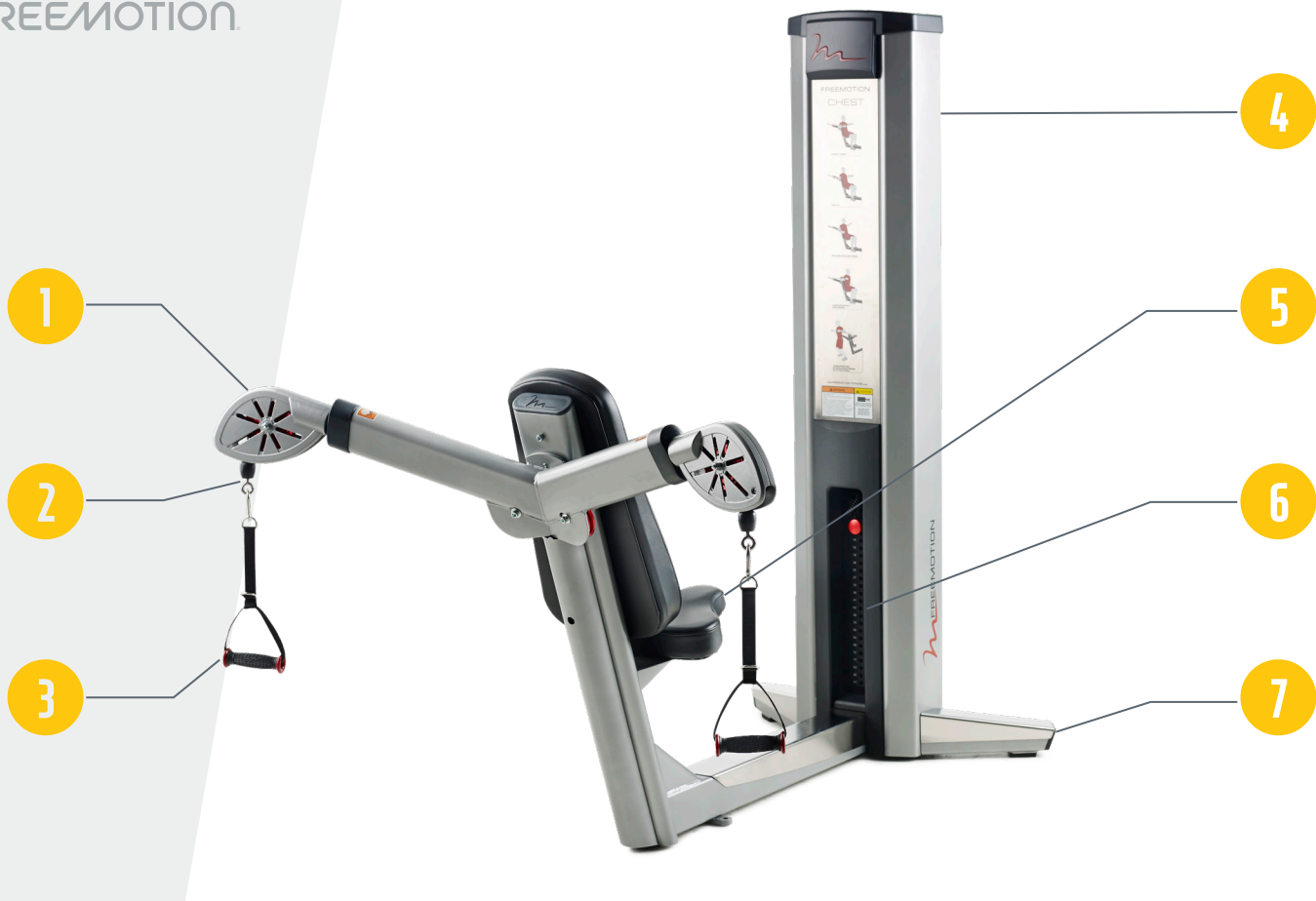
GENESIS™ CHEST

MODEL # F600



CABLE STRENGTH GENESIS™

There's no adjustment on the Genesis Chest Press - just get on and go. With a larger range of motion than on typical chest machines, Genesis is the safest, most comfortable chest press on the market. The "easy in" pin sets the tone for this user-defined machine. With no restrictions on movement, anything is possible - even more than chest workouts. When grouped with other Genesis machines, you can create a highly-functional workout circuit that turns "chest and arm day" into "aerobic and strength training" day.



GENESIS™ CHEST

PRODUCT FEATURES

- ① **SWIVEL PULLEYS**
The pulley design creates fluid cable travel and nearly unlimited range of motion.
- ② **CABLE TRAVEL**
Extensive cable length creates full exercise extension, two arms: 38 inches (96.5 cm).
- ③ **INDEPENDENT ARM MOVEMENT**
Unilateral handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.
- ④ **INDUSTRIAL CONSTRUCTION**
Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.
- ⑤ **TRADITIONAL SEATED POSITION**
A supported, seated position is ideal for traditional and first-time exercisers. To further challenge the body and initiate core muscles, move forward on the seat or stand up.
- ⑥ **WEIGHT STACK**
The protected, enclosed weight stack limits access to moving parts to better prevent accidents or injury.
- ⑦ **KICK PLATES**
Large, 16-gauge, stainless steel kick plates protect the machine from wear and tear.

SPECIFICATIONS

Weight Stack	200 lbs (90.7 kg)
Weight Stack Configuration	5 - 50 X 5 lbs (0 - 22.6 X 2.2 kg) 60 - 200 X 10 lbs (27.2 - 90.7 X 4.5 kg)
Resistance	1 Arm - 100 lbs (45.3 kg) 2 Arms - 200 lbs (90.7 kg)
Cable Travel	Two arms: 38 in (96.5 cm)
Rubber Feet	Molded floor protectors
ADA Compliant	Yes
Standard Frame Color	Platinum Sparkle
Optional Frame & Upholstery Colors	On Request
Product (L x W x H)	69 x 53 x 73 in (175.2 x 134.6 x 185.4 cm)
Shipping (L x W x H)	71 x 53 x 78 in (80.3 x 134.6 x 198 cm)
Shipping Weight	487 lbs (220.8 kg)
Regulatory Approval	EN957, CE

WARRANTY | US AND INTERNATIONAL

10-Year Frame | 3-Year Bearings, Guide Rods, Pulleys and Weight Stacks | 1-Year Cable and Labor
120-Days Upholstery, Handles and Accessories.