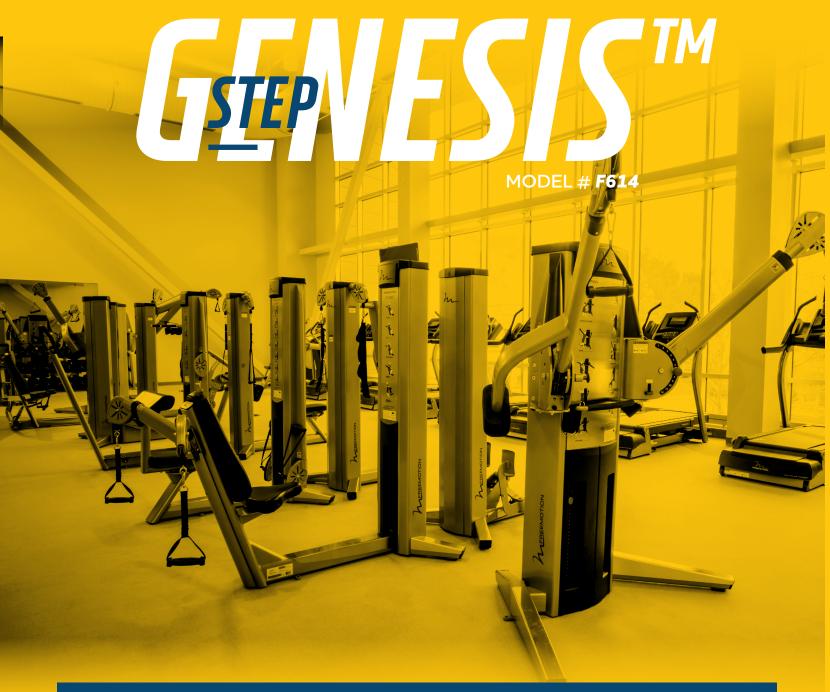
### FREEMOTION.



# CABLE STRENGTH **GENESIS™**

Balance and strength are things we use everyday in life. The Genesis Step by Freemotion builds balance and strength through user-defined movement and a hydraulic 'quick adjust' step. Create a circuit with other Genesis strength machines and the Step brings in the cardio - with Freemotion cable to add resistance and create a more challenging workout. An increased heart rate kick starts a metabolic effect that lasts for hours after stepping off the machine. Work up to two people at a time on the Freemotion Genesis Step, the multifunctioning tool that does more than what meets the eye.



## **GENESIS™** STEP

### **PRODUCT FEATURES**

- (1) INDUSTRIAL CONSTRUCTION
  Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.
- WEIGHT STACK
  The protected, enclosed weight stack limits access to moving parts to better prevent accidents or injury.
- 3 ADJUSTABLE STEP
  The step adjusts vertically in seven settings and is counterbalanced for easy positioning.
- 4 TEXTURED STEP AND PLATFORM
  Both the step and platform are textured to ensure stable foot position
- CABLE TRAVEL The long cable length and flexibility allows for full exercise extension. 79.5 in (201 cm).
- 6 SWIVEL PULLEYS
  Freemotion's exclusive pulley design ensures fluid cable travel and an unrestricted range of motion.
- (1) KICK PLATES
  Large, 16-gauge, stainless steel kick plates protect the machine from wear and tear.

# SPECIFICATIONS Weight Stack 150 lbs (68.03 kg) 0 - 45 × 5 lbs (0 - 20.4 × 2.2 kg) Configuration 50-150 × 10 lbs (22.6 - 68 × 4.5 kg) 1 Arm - 75 lb (34 kg) 2 Arms - 150 lb (68 kg) 2 Arms - 150 lb (68 kg) Cable Travel 79.5 in (201.93 cm) Rubber Feet Molded floor protectors Standard Frame Colors Platinum Sparkle Optional Frame & Upholstery Colors On Request Product (L x W x H) 73 × 36 × 77 in (185.4 × 91.4 × 195.5 cm) Shipping Weight 602 lbs (273 kg) Regulatory Approval EN957, CE

WARRANTY | US AND INTERNATIONAL

10-Year Frame  $\,\mid\,$  3-Year Bearings, Guide Rods, Pulleys and Weight Stacks  $\,\mid\,$  1-Year Cable and Labor 120-Days Upholstery, Handles and Accessories.