

FREEMOTION.

GENESIS™

STEP

MODEL # F614

CABLE STRENGTH GENESIS™

Balance and strength are things we use everyday in life. The Genesis Step by Freemotion builds balance and strength through user-defined movement and a hydraulic 'quick adjust' step. Create a circuit with other Genesis strength machines and the Step brings in the cardio - with Freemotion cable to add resistance and create a more challenging workout. An increased heart rate kick starts a metabolic effect that lasts for hours after stepping off the machine. Work up to two people at a time on the Freemotion Genesis Step, the multifunctioning tool that does more than what meets the eye.

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GENESIS™ STEP

PRODUCT FEATURES

- ① **INDUSTRIAL CONSTRUCTION**
Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.
- ② **WEIGHT STACK**
The protected, enclosed weight stack limits access to moving parts to better prevent accidents or injury.
- ③ **ADJUSTABLE STEP**
The step adjusts vertically in seven settings and is counterbalanced for easy positioning.
- ④ **TEXTURED STEP AND PLATFORM**
Both the step and platform are textured to ensure stable foot position
- ⑤ **CABLE TRAVEL**
The long cable length and flexibility allows for full exercise extension. 79.5 in (201 cm).
- ⑥ **SWIVEL PULLEYS**
Freemotion's exclusive pulley design ensures fluid cable travel and an unrestricted range of motion.
- ⑦ **KICK PLATES**
Large, 16-gauge, stainless steel kick plates protect the machine from wear and tear.

SPECIFICATIONS

Weight Stack	150 lbs (68.03 kg)
Weight Stack Configuration	0 - 45 X 5 lbs (0 - 20.4 X 2.2 kg) 50-150 X 10 lbs (22.6 - 68 X 4.5 kg)
Resistance	1 Arm - 75 lb (34 kg) 2 Arms - 150 lb (68 kg)
Cable Travel	79.5 in (201.93 cm)
Rubber Feet	Molded floor protectors
Standard Frame Colors	Platinum Sparkle
Optional Frame & Upholstery Colors	On Request
Product (L x W x H)	73 x 36 x 77 in (185.4 x 91.4 x 195.5 cm)
Shipping Weight	602 lbs (273 kg)
Regulatory Approval	EN957, CE

WARRANTY | US AND INTERNATIONAL

10-Year Frame | 3-Year Bearings, Guide Rods, Pulleys and Weight Stacks | 1-Year Cable and Labor
120-Days Upholstery, Handles and Accessories.